



HOW TO PRAY IN A CRISIS

DISCUSSION GUIDE

Appendix Two: The Essential Priority of Praying With Your Spouse

Note: Though this section is specifically directed at those who are married there is excellent application for each of us regardless of our marital status. *If you are not married, consider the truths in the questions and verses below for your own prayer life. If you are married to an unbeliever, consider the truths from these scriptures and questions in light of how you can pray for your spouse and live with them in an understanding way (see 1 Peter 3:1-2 and 1 Peter 3:7).*

Into

1. "There is no more important activity in a marriage than prayer" (page 111). Do you agree with this statement, why or why not?

2. If praying with your spouse is an essential priority, why is it so hard for couples to establish a rhythm of intimate prayer? What are some practical ways you go about finding a new rhythm of praying with your spouse?

3. Read the following scriptures, and indicate why they are important and how they specifically apply to praying with your spouse:

Psalm 51:10

Ecclesiastes 4:9-10

Romans 15:5-6

2 Corinthians 12:9

Galatians 5:22-23

Ephesians 4:29

Ephesians 6:12

James 5:16

1 Peter 3:1-2 & 7

4. Which of the benefits of praying together with your spouse (pages 109-110) most resonates with you (or do you have others)?

Breakout

1. What hinders your praying together with your spouse (refer to page 108 for some examples)? What specifically and practically will you commit to doing, to get a fresh start and strengthen your prayer life together?

2. Spend a significant time in prayer asking the Holy Spirit to help you take your prayer life with your spouse to a new and higher level, with more consistency. Pray this also for the other married couples in your Small Group.