



HOW TO PRAY IN A CRISIS

DISCUSSION GUIDE

FOREWORD

1. Mark Vroegop observes: “Crisis reorients our heart toward what is true. But for that to happen, we must turn to prayer. The silence must end. Frustration and discouragement might tempt us to stop talking to God. But He is able to turn our honest questions into confident trust in our hardest times.” When did a crisis tempt you to stop talking to God? How did you turn to prayer and what did those prayers look like? As you look back, how has your trust deepened?

2. Mark quotes John Piper, “Keep trusting the one who keeps you trusting.” What situation are you facing right now that requires this kind of renewed trust? How are you sensing the Lord giving you fresh grace to trust Him and how will you keep walking in that trust?

INTRODUCTION: The Crossroads of Your Crisis

1. The book opens by describing crisis as a divinely orchestrated “crossroad.” As you think about a current crisis (personal, family, church, society), what are the choices that seem very clear. What long-term results might emerge from the divergent options, for better or worse?

2. As you review the process of growth noted on pages 16-18, what specific crises have you experienced in the past that seem to parallel with the points made here? If you were to describe an “empowering scar” in your life, what does it look like and how might it help others as a matter of testimony?

BREAKOUT:

1. What impacted you most from this study?

2. What are a few ways you would like to grow in your prayer life this coming year? What steps will you take to grow in these ways?

3. Take a significant amount of time to pray with and for one another in your breakout group.