

I Follow Jesus

CREATED TO DELIGHT IN CHRIST

“The chief end of man is to glorify God, and enjoy Him forever.”
Westminster Shorter Catechism

PERSONAL ADORATION (Psalm 37:4 / 145:1-3)

1. Psalm 37:4 commands us to delight ourselves in the Lord. Why do we need to be commanded to exult in our God? Is there something broken within us that gravitates away from delighting in God and towards delighting in other things? Why is this?

2. What does it mean to truly delight in the LORD? Move beyond the basic answer, try to go deep and get practical.

Is delight in God something that just happens to us in a magic moment, or are we called to pursue it? If so, what might this look like in day-to-day life?

How does delighting in God relate to the Great Commandment?

How does delighting in the LORD realign your priorities and desires (see Psalm 37:4b)

3. Consider the greatness of God by reading the following verses one at a time, pausing after each verse is read to praise God in your group

God You are glorious because Your...

- Name is unmatched (Psalm 72:17)
- Character unparalleled (1 Chron. 17:20)
- Works are unprecedented (Deut. 3:24)
- Closeness undeniable (Isaiah 40:11)

4. What does it mean to adore Christ? What does this look like in your personal life? Are there any examples of this in Scripture that come to mind?

GATHERED WORSHIP (Psalm 95:1-7a)

5. Psalm 95:1-7a is a passionate call for God's people to gather together in worship. Something very special happens when God's people gather to exalt His Name together. Why is gathered worship an essential means to keeping our spiritual fires burning hot for Christ?

6. Consider the times in your life when you have neglected corporate worship by missing Sunday services or small group, how has this dampened your fervor for God? Also consider the times when your personal adoration of Christ has been lacking, how has this affected your desire for gathered worship?

7. What can we do as a small group to stir one another up to greater levels of delight in Christ?

BREAKOUT

1. Consider the goodness of the Lord towards us and reflect on the reasons we have to praise Him.

- He treats me like His very own (Eph. 1:5)
- He hears and answers my prayers (1 Peter 3:12a)
- He cares for my physical essentials (Matt. 6:25-34)
- He provides me with every spiritual blessing (Eph. 1:3)
- He understands my struggle and pain (Heb. 4:15)
- He promises to never abandon me (Heb. 13:5-6)
- He assures me of ultimate victory (1 Cor. 15:57)

Is there anything else that you would like to add to this list? Maybe you have a brief personal story of God's faithfulness, kindness or mercy that you would like to share with your small group.

2. Currently, are you treasuring and delighting in Christ? How would you rate this on a scale of 1-10?

- a) What distracts or hinders you from finding your joy in Christ?
- b) What do you find helpful in leading you to greater delight in Christ?
- c) What can we do as a small group to help one another in this?

3. Worship Christ together and pray for one another.